Sweet Balance

Dahlia Based Glucose Support*

Blood Sugar Balance

Metabolic Support

Insulin Sensitivity

NutritionalFrontiers.com
(412) 922-2566

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Sweet Balance

Available in 60 Count Vegetarian Capsules

Sweet Balance is a scientifically formulated blend of trace minerals and botanical extracts designed to support healthy blood glucose metabolism. At the heart of this formula is **Dahlia4™**, a proprietary extract of Dahlia pinnata, shown to help regulate postprandial glucose levels. Combined with clinically researched forms of **selenium**, **chromium**, and **vanadium**, Sweet Balance targets multiple mechanisms that contribute to insulin sensitivity, glucose uptake, and metabolic efficiency. This product is ideal for individuals seeking nutritional support for healthy blood sugar response, especially in conjunction with lifestyle or dietary interventions.

Dahlia4™ (Dahlia pinnata Flower & Petal Extract)

Dahlia tubers are rich in **inulin-type fructans** and **polyphenols**, both of which have demonstrated beneficial effects on blood glucose and lipid metabolism.

Studies suggest **inulin** from dahlia plants can **lower fasting glucose levels**, improve **gut microbiota composition**, and enhance **satiety and glycemic control**.

Dahlia polyphenols may inhibit **alpha-glucosidase enzymes**, slowing carbohydrate absorption and reducing post-meal glucose spikes.

Dahlia4™ is a proprietary extract standardized for active compounds to ensure consistent metabolic support and glycemic benefits.

Chromium (as Chromium Nicotinate Glycinate Chelate)

Chromium is a trace element essential for **insulin signaling** and glucose homeostasis.

Research shows that chromium enhances **insulin receptor activity**, improving glucose uptake in peripheral tissues.

A meta-analysis published in Diabetes Technology & Therapeutics found chromium supplementation significantly reduced **fasting blood glucose** and **HbA1c** in individuals with type 2 diabetes.

The Albion® chelated form used in Sweet Balance offers **high bioavailability** and **gentle digestion**.

Selenium (as Selenium Glycinate Chelate)

Selenium is a vital antioxidant mineral involved in glucose and lipid metabolism.

It contributes to the activity of **glutathione peroxidase**, which protects pancreatic beta cells from oxidative damage.

Emerging evidence suggests selenium may support **insulin sensitivity** and protect against **metabolic syndrome** by reducing inflammation.

The **Albion® glycinate form** enhances cellular absorption and utilization.

Vanadium (as Vanadium Nicotinate Glycinate Chelate)

Vanadium is a unique mineral with insulin-mimetic properties.

It may activate **tyrosine kinase** activity of the insulin receptor, thereby facilitating glucose transport into cells.

Several small human trials have reported vanadium's ability to **lower blood glucose** in people with insulin resistance or type 2 diabetes.

Vanadium also supports **glycogen synthesis**, improving glucose storage and energy utilization.

Albion®'s chelated form promotes safe delivery and **enhanced bioactivity**.

Sweet Balance is designed for clinical application to support healthy blood sugar metabolism through a multifaceted, evidence-informed formula.

Serving Size: 1 Capsule | Servings Per Container: 60

Selenium (as Selenium Glycinate)(Albion®)	50 mcg
Chromium (as Chromium Nicotinate Glycinate Chelate)(Albion®)	200 mcg
Dahlia4™ (Dahlia pinnata Flower & Petal Extract)	150 mcg
Vanadium (as Vanadium Nicotinate Glycinate Chelate)(Albion®)	100 mcg

Ingredients: Hypromellose (Capsule), Rice Flour, Magnesium Stearate

Suggested Use: As a dietary supplement, take 1 capsule daily, or as directed by your healthcare practitioner.

Warnings: If pregnant or nursing, consult your healthcare practitioner before taking this product.

Color of this formula may vary due to color variations of the ingredients.

Keep out of reach of children. Store in a cool, dry place.

*This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

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Albion® Minerals

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