

# VIP Dinner

The Immune Longevity Connection: Strategies to Strengthen the Body's 1st and Last Line of Defense

**Milford, CT**

Thursday, September 11th • 5:30pm - 8:00pm

**\$299**  
Value!

## Featured Presenters:



**Dr. Jaquel Patterson**

ND | MBA | IFMCP



**Jamie Dorley**

CEO of Nutritional Frontiers

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**Event Location:**

**Bridge House  
Restaurant**

**49 Bridgeport Ave •**

Milford, CT 06460

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## About This Event:

Join Jamie Dorley & Dr. Jaquel Patterson as they dive into the immune longevity connection.

## Schedule:

**5:30pm**

**Doors Open**

Samples, Smoothies, Cocktails, & Networking

**6:00pm**

**Introductions & Dinner**

Jamie Dorley BS, ACSM,  
& Owner of Nutritional Frontiers

**6:30pm - 8:00pm**

**The Immune Longevity Connection: Strategies to Strengthen the Body's 1st and Last Line of Defense**

Dr. Jaquel Patterson ND, MBA, IFMCP

## Dr. Jaquel Patterson

ND | MBA | IFMCP

Dr. Jaquel Patterson is a nationally recognized naturopathic physician, sought-after speaker, success coach, 3x Amazon best-selling author, and Forbes contributor. She is the medical director and founder of Fairfield Family Health and has over 15 years of clinical experience with expertise in Lyme disease and other tick-borne infections, autoimmune conditions, integrative psychiatry, ADD/ADHD, PANS/PANDAS, allergies and environmental medicine.

Dr. Patterson's passion for naturopathic medicine began at an early age as she grew up seeing the benefits of alternative healing practices. She has lived some of the same personal health challenges her patients have and fully understands the nuances of these disease conditions.

After completing her undergraduate degree at Cornell University and working in the business field for several years, Dr. Patterson switched career paths and completed her doctoral degree at the University of Bridgeport, College of Naturopathic Medicine in Connecticut. Since then, she has practiced medicine with the core naturopathic tenet in mind: Treat the whole person and find the underlying cause of disease.

## Jamie Dorley

BS, ACSM, Owner of Nutritional Frontiers

Jamie Dorley has offered wellness solutions for over 30 years, beginning with creating workout and nutrition protocols for fitness competitions during his college years to constructing a "new frontier in nutrition" at Nutritional Frontiers, LLC. He's focused on innovative ways to help people thrive, not just survive. A professional background that encompasses numerous facets of the health care and wellness industries including:

- Owner & CEO of Nutritional Frontiers
- Co-Founder of Nutritional Frontiers
- Owner & CEO of the World of Wellness
- American Academy of Anti Aging Medicine Member
- American College of Sports Medicine Personal Trainer
- National and International Sales Manager for Sci-Fit Sports Nutrition
- Regional Sales Director for Metagenics, Inc.



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