

GI Complete

Available in 300 Count Vegetarian Capsules or 30 Powder Servings

This unique formula contains researched ingredients to:

- soothe and nourish the GI mucosa
- support gut-barrier integrity (tight junctions)
- promote healthy digestion and regularity
- modulate a balanced immune response in the gut

The GI lining renews rapidly and depends on targeted nutrients, soothing botanicals, and balanced immune signaling. Stress, diet, travel, and certain medications can disrupt mucosal defenses and barrier function, affecting comfort and nutrient absorption.

The nutrients in **GI Complete** work together to calm the mucosa, fuel enterocytes, reinforce tight-junction integrity, and promote a favorable environment for the gut microbiome.

Zinc (as Zinc-L-Carnosine)

A chelated complex that supports mucosal integrity and healthy repair signaling in the stomach and intestines. Zinc-L-carnosine helps maintain tight-junction function, promotes a calm mucosal environment, and supports antioxidant defenses in the GI tract.

L-Glutamine

Primary fuel for enterocytes (intestinal cells). L-glutamine supports epithelial renewal, tight-junction structure, and a healthy gut barrier—key for comfort, nutrient absorption, and overall GI resilience.

Galactoarabinan (Arabinogalactans)

A gentle prebiotic fiber that supports beneficial microbes and the natural production of short-chain fatty acids (SCFAs). SCFAs help nourish colonocytes, reinforce barrier integrity, and promote regularity without harsh stimulation.

Dimethylglycine (DMG HCl)

A methyl-donor nutrient that supports healthy cytokine balance and cellular resilience during stress. DMG helps maintain efficient metabolic and immune function in the gut environment.

DGL (Deglycyrrhizinated Licorice Extract)

A soothing demulcent that promotes a calm gastric and intestinal mucosa. DGL supports healthy mucus production and comfort in the upper GI tract—without the glycyrrhizin component.

Aloe Vera Leaf Extract (200:1) (Aloe barbadensis)

Concentrated aloe polysaccharides with demulcent activity to coat and calm irritated tissues, support normal inflammatory tone, and encourage balanced motility.

Slippery Elm Bark 10:1 (Ulmus rubra)

Rich in mucilaginous compounds that form a soothing gel, supporting gastric and intestinal comfort while reinforcing the protective mucus layer.

Marshmallow Root (Althaea officinalis)

A classic demulcent botanical that complements DGL and slippery elm to calm the mucosa, support healthy motility, and promote overall comfort.

Powder

Serving Size: 1 Scoop (8.8g) | Servings Per Container: 30

Zinc (as Zinc-L-Carnosine)	16.1 mg
L-Glutamine	5,000 mg
Galactoarabinan (Arabinogalactans)	1,000 mg
Dimethylglycine (DMG HCl)	500 mg
DGL (Deglycyrrhizinated Licorice Extract)	500 mg
(Glycyrrhiza glabra) (Root)	
Aloe Vera Leaf Extract (200:1)	225 mg
(Aloe barbadensis)	
Slippery Elm Bark 10:1	200 mg
(Ulmus rubra)	
Marshmallow Root	100 mg
(Althaea officinalis)	

Other Ingredients (Watermelon): Natural Flavoring, Malic Acid, Red Beet Powder (for Color), Monk Fruit Extract, Silicon Dioxide, Xylitol Powder

Suggested Use: As a dietary supplement, mix one scoop with water or juice, once or twice daily, or as directed by your healthcare practitioner.

Warnings: If pregnant or nursing, consult your healthcare practitioner before taking this product.

Also Available In: Lemon-Lime Powder, Raspberry Powder, or Vegetarian Capsules



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