

VIP Dinner

Innovative Solutions to Cool the Fire
In the Gastrointestinal System

West Palm Beach, FL

Thursday, February 27th • 5:30pm - 8:00pm

\$299
Value!

Featured Presenters:



Elizabeth Tringali, PA-C
Founder of Tringali Vibrant Health



Wendy Finkelstein, PA-C
Provider at Tringali Vibrant Health

Register Now!



Scan code to register or go to
nutritionalfrontiers.com/events



Event Location:

**Delta Hotels by Marriott
West Palm Beach**

1301 Belvede Rd. • West Palm Beach, FL 33405
(561) 812-2664

VIP Dinner

Innovative Solutions to Cool the Fire In the Gastrointestinal System

West Palm Beach, FL

Thursday, February 27th • 5:30pm - 8:00pm

About This Event:

Join Elizabeth Tringali, PA-C & Wendy Finkelstein, PA-C as they share how to cool the fire in the gastrointestinal system.

You will learn about:

- The increasing threat of auto immune diseases affecting the GI tract
- How to treat severe conditions like IBS & leaky gut
- Protocols designed to help remove the body of bacteria, molds, microtoxins, & heavy metals
- Clinical case studies and research to support the solutions to these conditions

Schedule:

5:30pm

Doors Open

6:00pm

Introductions & Dinner

Jamie Dorley

6:30pm - 8:00pm

Innovative Solutions to
Cool the Fire in the
Gastrointestinal System

Elizabeth Tringali &
Wendy Finkelstein

Elizabeth Tringali

PA-C

Elizabeth Tringali, PA-C is a board-certified Physician Assistant and the founder of Tringali Vibrant Health in West Palm Beach and Palm Beach Gardens, Florida. A graduate of the University of Florida, she earned both her Bachelor's and Master's of Science degrees and is a diplomate of the American Academy of Anti-Aging Medicine with advanced training in Regenerative and Anti-Aging Therapies. Elizabeth began her career as a nutritionist and researcher for the Women's Health Initiative, where she developed a strong foundation in nutritional science and a holistic, patient-centered approach to care. Today, she is widely recognized for blending cutting-edge therapies with personalized treatments to address complex health conditions and optimize overall wellness. Her expertise spans a wide range of health concerns, including autoimmune diseases, hormone imbalances, thyroid disorders, gut health, Lyme disease, mold illness, and metabolic issues. She also designs targeted protocols for detoxification, anti-aging, and weight optimization, helping patients achieve vibrant health and longevity. With over two decades of clinical experience, Elizabeth is a trusted leader in functional and regenerative medicine, empowering her patients to restore balance, vitality, and optimal VIBRANT health.

Wendy Finkelstein

PA-C

Wendy Finkelstein, PA-C is a board-certified Physician Assistant who believes that aging is a call for celebration and an opportunity to feel grateful for your body and its incredible ability to transform. Wendy believes that deconstructing the common paradigms of the aging process can fully help us to embrace our youth at any age. Wendy is a graduate of Florida State University where she earned a Bachelor's in Theology. She later pursued her Masters in Exercise physiology and completed her Physician Assistant Bachelor of Science degree from NOVA southeastern university in 2003. She believes that deconstructing the common paradigms of the aging process can fully help us to embrace our youth at any age. Wendy has over a decade of experience in internal medicine, sports medicine and dermatology. Because of her personal background as a seasoned ironman athlete, she has been able to personally motivate and inspire her patients with the mindset and commitment needed to achieve and maintain health goals. Wendy addresses the root causes of energy drainage that include Immune function, latent infections, gut health, thyroid illness, hormone imbalance, metabolic inflexibility, fatigue, and accumulated bio-toxins. With a focus on mitochondrial repair, Wendy approaches Functional Medicine from the cellular level