# **VIP Dinner**

Innovative Solutions to Cool the Fire In the Nervous System

# Pittsburgh, PA

Thursday, March 6th • 5:30pm - 8:00pm

## **Featured Presenters:**



Dr. Tracey Stroup BS | Doctor of Naturopathic Medicine | Holistic Health Coach



Jamie Dorley CEO of Nutritional Frontiers

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# **Event Location: World of Wellness** (2<sup>nd</sup> Floor)

**2419 Baldwick Rd** • Pittsburgh, PA 15205 (412) 922-9355



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## **About This Event:**

Join Jamie Dorley & Dr. Tracey Stroup as they share how to cool the fire in the nervous system.

### You will learn about:

The increasing threat of auto immune diseases affecting the nervous system
How to treat severe conditions like chronic fatigue syndrome and PTSD
Protocols designed to treat anxity and depression

• Clinical case studies and research to support the solutions to these conditions

### Schedule:

5:30pm Doors Open

#### 6:00pm Introductions & Dinner Jamie Dorley

#### 6:30pm - 8:00pm

Innovative Solutions to Cool the Fire in the Nervous System Dr. Tracey Stroup

#### **Dr. Tracey Stroup**

BS | Doctor of Naturopathic Medicine | Holistic Health Coach

Tracey is an experienced healthcare and business professional with a demonstrated history of working in the alternative medicine industry as both a practitioner and a corporate executive. Her strengths included business operations, dietary supplement and health knowledge; team building, employee wellness and culture, clinical nutrition, and overall healthcare. She excels at speaking and teaching the masses; motivating health care professionals along with the consumer to take their health back through proper foundational living and great supplementation. From start ups to scaling larger corporations in health, Tracey brings the 'in the field' experience to speak from a practitioner standpoint and helping corporations to serve practitioner needs better.

Tracey's education consists of a Doctor of Naturopathic Medicine, Holistic Health Coach focused in Holistic Health from Trinity College of Natural Health; B.S in Exercise and Sports Science from Penn State University and a Digestive Health Specialist Level II from the Food Enzyme Institute.

#### **Jamie Dorley**

BS, ACSM, Owner of Nutritional Frontiers

Jamie Dorley has offered wellness solutions for over 30 years, beginning with creating workout and nutrition protocols for fitness competitions during his college years to constructing a "new frontier in nutrition" at Nutritional Frontiers, LLC. He's focused on innovative ways to help people thrive, not just survive. A professional background that encompasses numerous facets of the health care and wellness industries including:

- Owner & CEO of Nutritional Frontiers
- Co-Founder of Nutritional Frontiers
- Owner & CEO of the World of Wellness
- American Academy of Anti Aging Medicine Member
- American College of Sports Medicine Personal Trainer
- National and International Sales Manager for Sci-Fit Sports Nutrition
- Regional Sales Director for Metagenics, Inc.



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