

# VIP Dinner

Innovative Solutions to Cool the Fire  
In the Gastrointestinal System

**Boca Raton, FL**

Thursday, February 27th • 5:30pm - 8:00pm

**\$299**  
Value!

## Featured Presenters:



**Elizabeth Tringali**  
PA-C



**Wendy Finkelstein**  
PA-C

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## Event Location:

**Boca Raton Marriott  
at Boca Center**

5150 Town Center Circle • Boca Raton, FL 33486  
(561) 392-4600

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## Innovative Solutions to Cool the Fire In the Gastrointestinal System

### Boca Raton, FL

Thursday, February 27th • 5:30pm - 8:00pm

#### About This Event:

Join Elizabeth Tringali & Wendy Finkelstein as they share how to cool the fire in the gastrointestinal system.

#### You will learn about:

- The increasing threat of auto immune diseases affecting the GI tract
- How to treat severe conditions like IBS & leaky gut
- Protocols designed to help remove the body of bacteria, molds, microtoxins, & heavy metals
- Clinical case studies and research to support the solutions to these conditions

#### Schedule:

**5:30pm**

Doors Open

**6:00pm**

Introductions & Dinner

Jamie Dorley

**6:30pm - 8:00pm**

Innovative Solutions to  
Cool the Fire in the  
Gastrointestinal System

Elizabeth Tringali &  
Wendy Finkelstein

#### Elizabeth Tringali

PA-C

Elizabeth Tringali, PA-C is a board certified Physician Assistant. She is a graduate of the University of Florida where she received her Bachelor of Science and Master of Science degrees and is a diplomate of the American Academy of Anti-Aging Medicine. Her undergraduate studies in Nutrition Science lead to significant work as a nutritionist and researcher for the Women's Health Initiative. This early focus on nutrition not only honed her expertise but also cemented her holistic approach to patient care. Elizabeth then returned to the University of Florida for her Master's in Physician Assistant studies. Bringing her enriched knowledge back to Palm Beach County, she practiced in integrative medicine, sharing her insights as a co-host of a medical radio show and skillfully merging nutritional therapy with allopathic medicine. Elizabeth's unique blend of holistic medicine and anti-aging expertise led her to become the inaugural Physician Assistant in the MDVIP medical program. She later joined a large family practice, contributing significantly to the development of a Wellness Center. During this time, she also completed a Fellowship in Anti-Aging and Regenerative Medicine.

#### Wendy Finkelstein

PA-C

She is a graduate of Florida State University where she earned a Bachelor's in Theology. She later pursued her Masters in Exercise physiology and completed her Physician Assistant Bachelor of Science degree from NOVA southeastern university in 2003. She believes that deconstructing the common paradigms of the aging process can fully help us to embrace our youth at any age. Wendy has over a decade of experience in internal medicine, sports medicine and dermatology. Because of her personal background as a seasoned ironman athlete, she has been able to personally motivate and inspire her patients with the mindset and commitment needed to achieve and maintain health goals. Wendy addresses the root causes of energy drainage that include Immune function, latent infections, gut health, thyroid illness, hormone imbalance, metabolic inflexibility, fatigue, and accumulated bio-toxins.