

# VIP Dinner

Innovative Solutions to Cool the Fire  
In the Cardiovascular System

**Tampa, FL**

Thursday, January 30th • 5:30pm - 8:00pm

**\$299**  
Value!

## Featured Presenters:



**Dr. Richard Silva**  
D.O.



**Jamie Dorley**  
CEO of Nutritional Frontiers

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[nutritionalfrontiers.com/events](https://nutritionalfrontiers.com/events)



## Event Location:

**Renaissance Tampa  
International Plaza Hotel**

4200 Jim Walter Blvd • Tampa, FL 33607  
(813) 877-9200

# VIP Dinner

## Innovative Solutions to Cool the Fire In the Cardiovascular System

### Tampa, FL

Thursday, January 30th • 5:30pm - 8:00pm

#### About This Event:

Join Jamie Dorley & Dr. Richard Silva as they share how to cool the fire in the cardiovascular system.

#### You will learn about:

- The increasing threat of cardioinflammation
- How to treat severe conditions like cardio myopathy & diabetes
- The cholesterol conundrum - is it good or bad? Formulas to help reduce LDL and Triglycerides to increase HDL
- Clinical case studies and research to support the solutions to these conditions

#### Schedule:

**5:30pm**

Doors Open

**6:00pm**

Introductions & Dinner

Jamie Dorley

**6:30pm - 8:00pm**

Innovative Solutions to  
Cool the Fire in the  
Cardiovascular System

Dr. Richard Silva

#### Dr. Richard Silva

D.O.

DR. Richard Silva, first and foremost, I am an osteopathic physician, also known as a D.O. D.O.s are licensed physicians who, similar to M.D.s, can prescribe medication and perform surgery in all 50 states. D.O.s and M.D.s have similar training requiring four years of study in the basic and clinical sciences, and the successful completion of licensing exams. But DOs bring something extra to the practice of medicine.

Osteopathic physicians practice a "whole person" approach, treating the entire person rather than just symptoms. Focusing on preventive health care, DOs help patients develop attitudes and lifestyles that don't just fight illness, but help prevent it, too.

I am also board-certified in family medicine and was employed by The Veteran's Administration (V.A) I worked as a hospitalist for almost a decade. I am trained in both traditional and natural medicine. I received my Medical degree from New York College of Osteopathic Medicine, NYCUM in 1996 and completed my residency at Nova Southeastern University "NSU" at Broward General and Palmetto General Hospital in Florida on 1999.

#### Jamie Dorley

BS, ACSM, Owner of Nutritional Frontiers

Jamie Dorley has offered wellness solutions for over 30 years, beginning with creating workout and nutrition protocols for fitness competitions during his college years to constructing a "new frontier in nutrition" at Nutritional Frontiers, LLC. He's focused on innovative ways to help people thrive, not just survive. A professional background that encompasses numerous facets of the health care and wellness industries including:

- Owner & CEO of Nutritional Frontiers
- Co-Founder of Nutritional Frontiers
- Owner & CEO of the World of Wellness
- American Academy of Anti Aging Medicine Member
- American College of Sports Medicine Personal Trainer
- National and International Sales Manager for Sci-Fit Sports Nutrition
- Regional Sales Director for Metagenics, Inc.