## Immune Boost

Comprehensive Immune Booster with Six Essential Nutrients\*



## **Immune Boost**

## Available in 150 Count Vegetarian Capsules

Immune Boost was formulated to provide comprehensive immune support with six essential nutrients:\* vitamin C, zinc, vitamin D, N-Acetyl L-Cysteine, quercetin, and DMG.

**Vitamin D,** provided as the well-absorbed cholecalciferol vitamin D3) form at a dose of 62.5mcg (2,500 IU) per serving, is an immune system modulator that promotes healthy T-Cell and macrophage responses.

**Zinc** (as Albion® Zinc Bisglycinate Chelate), an essential mineral, is found in almost every cell of the human body and stimulates the activity of approximately 100 enzymes. Zinc serves many functions in the body like immunity, gene expression, protein folding, enzyme function, and wound healing. Many research studies have shown that zinc induces improved immune response during infection, such as increasing CD4 T cells and T lymphocytes. Additionally zinc may reduce the duration and severity of cold symptoms.

**DMG** (dimethylglycine HCI) is a metabolic enhancer that helps the body overcome various forms of stress such as aging, poor oxygen availability, free radical damage, and a weakened immune system.\* As a methyl donor it contributes methyl groups to keep ATP levels high. DMG may help stimulate the immune response by enhancing antibody and lymphocyte production. Three U.S. Patents have been awarded based on research into DMG's role in immune response.

**Quercetin** belongs to a water-soluble group of plant pigments called flavonoids found in fruits, vegetables, and herbs. Quercetin has been studied for its anti-inflammatory, antioxidant, anticarcinogenic, and anti-viral activity along with immune and liver support. Quercetin helps support healthy respiratory and immune function and reduce allergic response.\* For example, it was shown to reduce respiratory tract infection rates among athletes. Animal models of autoimmunity showed that quercetin exhibited immune modulating effects.

N-Acetyl Cysteine is a derivative of the amino acid cysteine. Cysteine is one of the building blocks of glutathione, which quenches free radicals and helps the body detoxify harmful agents. N-acetyl cysteine is useful in respiratory infections as a mucolytic: NAC breaks the disulphide bridges of glycoproteins in mucus, thereby resulting in its reduced viscosity and elasticity. In other words, NAC helps make it easier for the body to expel excess mucus.

**Vitamin C** is included in Immune Boost as Liposomal Pureway-C®), a form of vitamin C with superior bioactivity and biological function compared to non-liposomal vitamin C.\* Vitamin C has been shown to help reduce the duration of the common cold, especially in children. Liposomal PureWay-C® boasts preliminary data showing significantly improved absorption into cells, including white blood cells, compared to non liposomal vitamin C. Liposomal PureWay-C® also demonstrates increased efficacy at stimulating wound closure and improved collagen synthesis. Not only does Liposomal PureWay-C® enhance immunological function and wound healing, it also shows benefits to cardiovascular function, hypertension, and protection from ischemia.

Serving Size: 5 Capsules | Servings Per Container: 30Vitamin C (as Liposomal Pureway-C®)500 mgVitamin D (as Cholecalciferol)62.5 mg(2,500 IU)25 mgZinc (as Albion® Zinc Bisglycinate Chelate)25 mgN-Acetyl L-Cysteine500 mgQuercetin (as Quercetin Dihydrate)500 mgDimethylglycine (DMG HCL)250 mg

**Suggested Use:** As a dietary supplement, take 5 capsules daily, or as directed by your healthcare practitioner.

**Warnings:** If pregnant or nursing, consult your healthcare practitioner before taking this product.

Color of this formula may vary due to color variations of the ingredients.

Keep out of reach of children. Store in a cool, dry place.

\*This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.



Ingredients: Rice, Hypromellose



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