

**NEW
FORMULA**

Berberine+

Liquid



Blood Sugar Control

Weight Loss

Lower Cholesterol

NutritionalFrontiers.com
(412) 922-2566



Berberine+ Tincture

Available in 48 or 96 Serving Liquid

Berberine+ Herbal Tincture has a variety of potential applications. It may be beneficial for people hoping to regulate blood sugar and insulin levels and to keep cholesterol levels in the healthy range.* This combination product may also help with management of bacterial or fungal infections.* Tinctures are liquid herbal preparations that are useful for people who have trouble swallowing pills and they allow for more individualized dosing.

Berberine (Barberry Bark) is an isoquinoline alkaloid (type of plant constituent) derived from various wild plants with yellow roots, such as barberry, goldenseal, Oregon grape root, and goldthread. Berberine is present in the bark, stem, roots, and rhizomes of these plants. Berberine-rich plants like *Berberis vulgaris* have been used worldwide in herbal medicine traditions. Barberry shrub is indigenous to Europe and naturalized in Asia and North America. Berberine has been studied in many in vitro and clinical trials for its beneficial effects on insulin resistance and lowering lipids. For example, several randomized controlled trials in adults demonstrated that barberry supplementation reduced levels of total cholesterol, triglycerides, and LDL (low density lipoprotein) cholesterol. Other studies reveal berberine's anti-cancer and antioxidant effects along with anti-inflammatory activity. Berberine also demonstrates broad antibacterial and antifungal activity.

Cinnamon (*Cinnamomum verum*) is among several species of cinnamon used medicinally by herbalists around the world. Cinnamon bark has a variety of applications for human health including stomach and

intestinal support, blood sugar regulation, and reduction of bleeding and diarrhea. Herbalists classify cinnamon as a carminative, astringent, aromatic, and hypoglycemic agent. Research studies show that cinnamon may help enhance glucose uptake by improving insulin receptor sensitivity. Use of cinnamon may benefit people with pre-diabetes and diabetes by reducing blood sugar and hemoglobin A1C (HbA1C) levels. Like berberine, cinnamon also demonstrates antifungal and antimicrobial activity.

SUPPLEMENT FACTS

Serving Size: 1 Full Dropper

Servings Per Container: 48 or 96

Barberry Bark (<i>Berberis vulgaris</i>)	80%
Cinnamon (<i>Cinnamomum verum</i>)	20%

Suggested Use: 1-2 full droppers 1-2 times per day.

Warning: Not for use by children or in pregnancy or lactation. If you are taking any medications, please consult your health care practitioner before taking this product, to help determine potential drug-herb interactions. Not to be used with blood thinning medications. People injecting insulin or taking anti-hyperglycemic drugs should monitor their blood sugar carefully when starting supplements that may lower blood sugar, to prevent hypoglycemia.



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