

# X Flame

Advanced Inflammation Support\*



*Pain*

*Swelling*

*Inflammation*

NutritionalFrontiers.com  
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# X Flame

Available in 60, 120, or 240 Count Vegetarian Capsules or 30 Serving Powder

## This unique formula contains researched ingredients to:

- reduce pain and swelling
- increase mobility
- modulate immune function

Several ingredients have been researched and proven to increase mobility, decrease the need for over-the-counter pain medication, and reduce pain and swelling.

The inflammatory process consists of a chain of events in response to trauma or injury. Inflammation may be acute or chronic and leads to changes in the tissues, cells, and blood vessels surrounding the inflamed area.

Inflammation is associated with many disease conditions such as arthritis, autoimmune diseases, cardiovascular disease, asthma, Crohn's disease and ulcerative colitis, and more.

The nutrients in X-Flame by Nutritional Frontiers have been showed to support conditions associated with inflammation.

### Kre-Celazine®

Kre-Celazine® contains a patented fatty acid and creatine complex. A case study and a published double-blind placebo controlled trial shows this patented formula's efficacy in reducing inflammation, pain, swelling, stiffness, etc. in various joints.

**DMG HCl** Research indicates Dimethylglycine HCl modulates cytokine production and acts as an anti-oxidant as well as an anti-inflammatory agent. This remarkable supplement has undergone several research studies for the treatment of inflammatory disease and modulating immune response and for the treatment of arthritis and inflammation. Other uses for DMG include enhancement of athletic performance by improving oxygen utilization and targeting cancer by promoting apoptosis and preventing metastasis. An important function of DMG is as a methyl donor.

### Turmeric

Better known as a cooking spice, turmeric is also an anti-inflammatory and an anti-oxidant. Turmeric inhibits the formation of pro-inflammatory mediators thromboxane and prostaglandin.

### Boswellia serrata

This Ayurvedic herb is useful in inflammatory conditions like arthritis, asthma, and colitis. The mechanism of action by which Boswellia improves arthritis is speculated to be improved blood supply to the joints and the prevention of connective tissue breakdown.

**Quercetin, Rutin, and Luteolin** from the flavanoid family have been proven in many studies to exhibit anti-inflammatory and anti-oxidant properties. These flavanoids also act as antihistamines and may help reduce symptoms associated with inflammatory conditions.

**Ginger root (Zingiber off.)** is a digestive system tonic. Ginger also has analgesic and anti-inflammatory actions.

**Cayenne Pepper**- As a synergizing herb, cayenne is said to enhance the actions of other herbs. Cayenne improves circulation and may be helpful for reducing the pain of arthritis, psoriasis, post-surgical pain, diabetic neuropathy, post-herpetic neuralgia, and fibromyalgia.

## SUPPLEMENT FACTS

**Serving Size: 4 Capsules**

**Amount per Serving: 15, 30, or 60**

Kre-Celazine®	1,500 mg
DMG HCl	258 mg
Turmeric Root Extract (95% Curcuminoids)	200 mg
Boswellia serrata Extract (65% Boswellic Acid)	200 mg
Quercetin (as Quercetin Dihydrate)	90.4 mg
Rutin	79.2 mg
Ginger Root Extract (5% Gingerols)	50 mg
Cayenne Pepper Powder	5.2 mg

**Other Ingredients:** capsule, (vegetable cellulose) rice flour, maltodextrin, magnesium stearate.

**Suggested Use For Powder:** As a dietary supplement, take 4 capsules 1 to 3 times daily or as directed by your healthcare practitioner.

**Warning:** If pregnant or nursing, consult your healthcare practitioner before taking this product.

## SUPPLEMENT FACTS

**Serving Size: 1 scoop (8 g)**

**Servings Per Container: 30**

Calcium	38 mg
(from Tri-Calcium Phosphate)	
Kre-Celazine®	1500 mg
DMG HCL	250 mg
Curcumin Root Extract 95% curcuminoids	200 mg
Boswellia Serrata Gum Extract	200 mg
(Standardized to 65% boswellic acid)	
Quercetin Dihydrate	75 mg
Rutin	75 mg
Ginger Root Extract	50 mg
(Standardized to 5% gingerols)	
Cayenne Fruit Pepper	5 mg

**Other Ingredients:** Maltodextrin, Orange Powder, Citric Acid, Natural Orange Flavors, Stevia Leaf Extract, Silicon Dioxide.

**Suggested Use:** As a dietary supplement, mix one scoop (8 g) in 6-8 oz of water and take daily, or as directed by your healthcare practitioner.

**Warning:** If pregnant or nursing, consult your healthcare practitioner before taking this product.

\*This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.



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