# Super Zinc-50

**Vegetarian Capsules** 



**Immune** 

**Essential Mineral** 

**Antioxidant** 



# **Super Zinc-50**

# Available in 60 or 120 count Vegetarian Capsules

• Zinc is an essential mineral and antioxidant found in every body cell. It is essential for a wide range of physiological functions and is an important cofactor for more than 200 enzymes, more than any other mineral.

#### Recommended for:

- Antioxidant support
- Fertility, male sexual function, and pregnancy support
- Immune support, especially in winter months
- Joint and skin support (including skin blemishes)
- Smokers and those exposed to secondhand smoke
- Oral contraceptive users

### Why Zinc?

"Some 90 percent of the population consume diets deficient in zinc," according to Dr. Harmond M.D., Ph.D. the father of the free radical theory of aging. Even those eating adequate amounts of zinc do not always absorb it adequately. A Zinc deficiency can lead to osteoporosis, knee & hip discomfort, mental disorders, memory loss, depression, fatigue, irritability, decreased sense of taste & smell, skin problems (acne, dry skin, stretch marks, and prolonged wound healing), poor hair growth, imbalance cholesterol and glucose levels, decreased immune function, growth impairment, menstrual irregularities, fertility problems, prostate dysfunction, low testosterone levels, low sperm count and impotence.

# Zinc Supports:

- Superoxide dismutase activity, an important antioxidant enzyme
- Immune system health and function
- · Collagen formation, bone health and

muscle function.

- Protection against UV radiation
- Fertility and reproductive system health and function
- Normal cell division
- Normal growth and development
- Brain development and nerve function
- Insulin activity, carbohydrate metabolism, and amino acids synthesis
- Enzyme and hormone synthesis and function
- Heavy metal detoxification and liver detoxification processes

## SUPPLEMENT FACTS

Available Bottle Sizes: 60 or 120

Serving Size: 1 Capsule

Servings Per Container: 60 or 120

Amount Per Serving

Zinc (from 167 mg of Zinc Citrate) 50 mg

Other Ingredients: Rice flour, Vegetable Cellulose (Capsule)

**Suggested Use:** As a dietary supplement, take 1 capsule daily with a meal, or as directed by your healthcare practitioner.

**Warning:** If pregnant or nursing, consult your healthcare practitioner before taking this product.



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