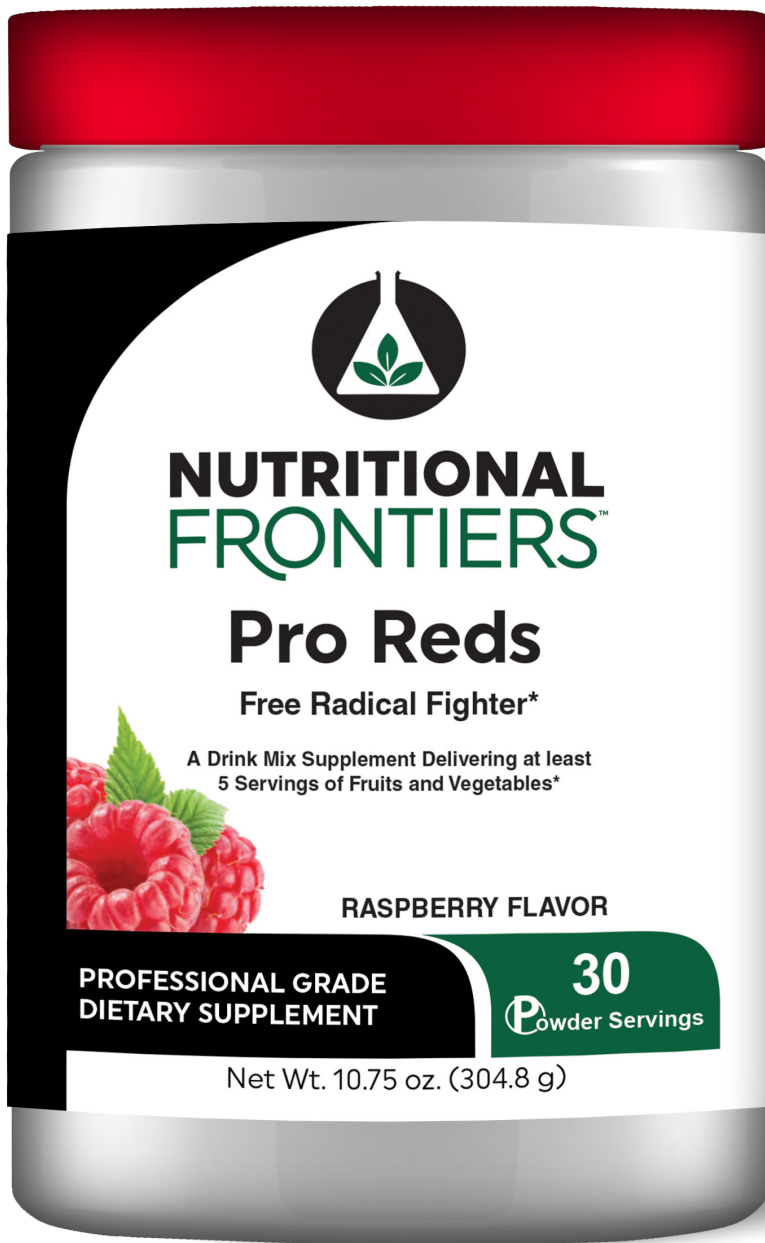


Pro Reds

Fruit and Vegetable Powder



Broad-Spectrum

Eye Health

Antioxidants

NutritionalFrontiers.com
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Pro Reds

Available in 30 Powder Servings

Nutritional Frontiers' Pro Powders are all-natural fruit and vegetable-based juice powders, fortified with specific nutrients to target specific systems. These formulations are gluten-free, dairy-free, egg-free, vegetarian formulas that are free from herbicides and pesticides. Fruits and vegetables are necessary components of a healthy diet. They contain powerful plant compounds known as phytochemicals which perform numerous functions throughout the body. Sometimes people find it difficult to attain the recommended 5-7 servings of produce a day, and that's where **Pro Reds** and other **Pro Powders by Nutritional Frontiers** come in. **Pro Reds** contains the following array of health-promoting produce: orange, carrot, beet, apple, berries, acerola, watermelon, cranberry, pomegranate, black cherries, papaya, plum, peach, broccoli, collards, spinach, and grapefruit.

In addition to fruits and vegetables, **Pro Reds** features added nutrients and herbs such as the antioxidants quercetin, milk thistle grape seed extract, resveratrol, green tea, and more. Antioxidants battle damage from free radicals, which are believed to play a role in numerous health conditions like aging, cancer, and atherosclerosis. Resveratrol is an antioxidant that boasts variety of potentially therapeutic applications in inflammation, cancer, aging, & diabetes.* Green tea (*Camellia sinensis*) contains polyphenols and flavonoids (like EGCG) which reduce inflammation & oxidative stress. Milk thistle (*Silybum marianum*) is utilized to regulate liver function and has been shown to manage non-alcoholic and alcoholic liver damage, cirrhosis, fatty liver, and exposure to chemical pollutants. Its active constituent, silybin, acts as an antioxidant. Quercetin has been studied for its anti-inflammatory, antioxidant, anticarcinogenic, and anti-viral activity along with immune modulation.*

For brain and nervous system health* **Pro Reds** boasts inositol, phosphatidylserine (from sunflower lecithin), and the omega-3 fatty acid-rich flax seed. Inositol, classified as a B-vitamin, has been used clinically to help those with anxiety and/or depression.* Phosphatidylserine has been examined for its effects on mood, memory, and cognition especially in elderly populations. Flax seed contains essential fatty acids which are anti-inflammatory and sustain healthy cell membranes.*

L-Carnitine and CoQ10 comprise important elements of **Pro Reds** to assist cardiovascular health.* CoQ10 is an antioxidant which assists in the formation of the basic energy molecule ATP. L-Carnitine helps restore mitochondrial content. It also may play a role in improving insulin resistance, glucose tolerance, and arterial hypertension.

Pro Reds provides arabinogalactans and N,N-Dimethylglycine (DMG) for immune support. DMG, a derivative of the amino acid glycine, was patented over three decades ago for treating systemic inflammatory disease, modulating immune response, and boasts in vitro evidence of antioxidant effects via free radical scavenging activity and enhancement of the endogenous antioxidant defense system.

Pro Reds includes bilberry, **Lutemax®2020**, astaxanthin, and concentrated lycopene from **Lycobeads®**. Bilberry fruit contains anthocyanosides: plant pigments rich in antioxidants. Anthocyanosides strengthen blood vessels, improve circulation, prevent platelet aggregation, and enhance rhodopsin production which improves night vision. **Lutemax®2020** is a patented marigold flower extract containing the macular carotenoids lutein and zeaxanthin. Taking antioxidant pigments as supplements correlates with increased levels of macular pigment measured in the retina and may also improve visual function.* Research on **Lutemax®2020** has also shown decreased cortisol levels and increased BDNF (brain-derived neurotrophic factor), a protein that supports neuronal health. Lycopene (found in **Lycobeads®**) is red carotenoid concentrated in the human body in serum, liver, adrenal glands, lungs, prostate, colon, and skin. Lycopene acts to protect cells from oxidative stress, as well as inhibit cell proliferation.*

Pro Reds has added fiber as **Fibersol®-2**. **Fibersol®-2** is a soluble fiber comprised of a digestion-resistant maltodextrin. Fiber serves many purposes, including binding toxins in the intestines to aid in detoxification, helping glucose and lipid control, and supporting proper bowel function, regularity, fecal volume, and beneficial intestinal micro flora. What makes **Fibersol®-2** unique is that it is so soluble and less dense than other fibers that it mixes in-stantly and does not cause bloating or intestinal gas, like other fiber products. **Fibersol®-2** is not only well-tolerated but also results in favorable fermentation characteristics in the large bowel, assisting production of the short chain fatty acid butyrate which is the preferred fuel source of colon cells.

Pro Reds can be mixed simply with water, juice, smoothie, or any beverage. Pro powders are convenient: they do not spoil, like the produce rotting in your fridge; you don't have to worry about what's in season; and they taste great, ensuring compliance for "picky" eaters!

SUPPLEMENT FACTS

Available Sizes: 30

Serving Size: 10.16 Grams (Approx. 1 Scoop)

Servings Per Container: 30

Amount Per Serving

Calories	40
Total Carbohydrate	8 g
Dietary Fiber	3 g
Total Sugars	2 g
Protein	<1 g
Choline (as VitaCholine™ Choline L+ Bitartrate)	20 mg
Iron	0.4 mg
Sodium	35 mg

Proprietary Fruit Blend

Orange Fruit Powder, Carrot Root Powder, Beet Root Powder, Apple Fruit Powder, Raspberry Fruit Powder, Strawberry Fruit Powder, Acerola Fruit Powder, Watermelon Fruit Powder, Cranberry Fruit Powder, Pomegranate Fruit Powder, Ribes Rubrum Fruit Powder, Black Cherry Fruit Powder, Blackberry Fruit Powder, Blueberry Fruit Powder, Papaya Fruit Powder, Plum Fruit Powder, Peach Fruit Powder, Pyrus communis Fruit Powder, Grape Fruit Powder, Prunus persica var. nucipersica Fruit Powder.

Brain Health Blend 570 mg

Flax Seed Powder, Sunflower Lecithin, Inositol, Phosphatidyl Serine (from Sunflower Lecithin).

ORAC Blend 500 mg

Milk Thistle Seed Powder, Green Tea Leaf Extract, Grape Seed Extract, Broccoli Head Powder, Collards Leaf Powder, Spinach Leaf Powder, Japanese Knotweed Root Extract, Quercetin Dihydrate.

Immune Health Blend 200 mg

Larix laricina Heart wood Extract (Arabinogalactan), N,N-Dimethyl Glycine.

Heart Health Blend 130 mg

L-Carnitine (as L-Carnitine-L-Tartrate), Trans-Resveratrol (from Japanese Knotweed Root Extract), CoEnzyme Q10.

Eye Health Blend 100 mg

Bilberry Fruit Powder, Lutemax® 2020 Aztec Marigold Flower Extract, Lycopene (from Lyco Beads® Tomato fruit Extract), Astaxanthin.

Other Ingredients: Fibersol®-2 Digestion Resistant Maltodextrin, Natural Flavors, Rebaudioside A (From Stevia Leaf Extract).

Suggested Use: As a dietary supplement, mix 1 heaping scoop (10.16 g) daily in 8 oz. of cold water or juice, or as directed by your healthcare practitioner.

Warning: If pregnant or nursing, consult your healthcare practitioner before taking this product.



VitaCholine™ is a trademark of Balchem Corporation.



Lutemax® is a registered trademark of OmniActives Health Technologies. Fibersol® is a registered trademark of Matsutani Chemical Industry Co, Ltd. Lyco Beads® is a registered trademark of LycoRed Ltd.



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