

# N-Acetyl Cysteine

Vegetarian Capsules



*Immune*

*Detox*

*Respiratory*

NutritionalFrontiers.com  
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**NUTRITIONAL  
FRONTIERS™**

# N-Acetyl Cysteine

## Available in 90 count Vegetarian Capsules

- **N-Acetyl Cysteine (NAC)** is a non-essential, free form amino acid that is a highly stable form of cysteine.
- **NAC** has antioxidant properties and is necessary for the production of glutathione.
- **Glutathione** helps the body cope with oxidative stress which is associated with disease, and improves the number and activity of immune cells within the body.
- The antioxidant and free radical neutralizing properties of NAC might also help it support pulmonary and cardiac function.
- **NAC** helps to support healthy lung tissue and the body's natural defenses including cellular health.
- **NAC** helps to break down mucus in the respiratory tract and assists with rebuilding of lung tissue, and helps activate immune cells to improve immunity.
- **NAC** seems to be able to help clear mucus from the body as a result of several different mechanisms. NAC ruptures mucous disulfide bonds, which reduces viscosity and it stimulates the clearance of mucus from the respiratory tract. NAC also may help maintain the inflammatory process within the normal ranges.

### SUPPLEMENT FACTS

**Available Bottle Size: 90**

**Serving Size: 1 Capsule**

**Servings Per Container: 90**

Amount Per Serving

N-Acetyl Cysteine 500 mg

**Other ingredients:** Vegetarian Capsule (Hypromellose and Water), Microcrystalline Cellulose

**Suggested Use:** As a dietary supplement, take 1 capsule, 1- 4 times daily with food, or as directed by your healthcare practitioner.

**Warning:** If pregnant or nursing, consult your healthcare practitioner before taking this product.



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This flyer was created on 12/17/2020 MM