Mag Complete 300

120 and 240 Vegetarian Capsules

Bone

Cardio

Metabolism

NutritionalFrontiers.com
(412) 922-2566

NUTRITIONAL FRONTIERS

Mag Complete 300

Available in 120 or 240 count Vegetarian Capsules

Mag Complete 300 is a dietary supplement providing 3 important chelated forms of magnesium for enhanced absorption.

What are Chelates? Chelates are organic compounds attached to a mineral resulting in a stable structure. The purpose of chelated minerals is to surround a metal ion with an organic molecule so that it can be better absorbed in the human body.

About Magnesium from Albion™ TRAACS™:

• **Magnesium** is an essential mineral. It must be taken in through the diet however; with over processed food and depleted soil it is difficult to get the optimal daily intake. Magnesium supplementation is a way to support your daily intake.

• **Magnesium** promotes the absorption and metabolism of calcium and is responsible for the activation and function of 325 enzymes that affect various metabolic processes and physiological functions such as:
- Neuromuscular contractions
- Heart and cardiovascular function
- Regulation of the acid-alkaline balance in the body

• **Magnesium** is necessary for the metabolism of carbohydrates, amino acids and fats; also for energy production, and the utilization of calcium, phosphorus, sodium and potassium which are important electrolytes.

Magnesium Supports:
• Adrenal hormone balance
• Bone health
• Cardiovascular function
• Detoxification functions
• Glucose metabolism
• Mental health
• Nerve function
• Tooth enamel

• **Magnesium** deficiencies have been associated with a variety of conditions such as:
  • Confusion
  • Occasional sleeplessness
  • Low mood states
  • Irritability
  • Fatigue
  • Musculoskeletal conditions
  • Tooth decay

SUPPLEMENT FACTS

Available Bottle Sizes: 120 or 240
Serving Size: 4 Capsules
Servings Per Container: 60
Amount Per Serving
Magnesium 300 mg
(as Di-Magnesium Malate (Albion™), Magnesium Bisglycinate Chelate (TRAACS™), Magnesium Taurate)

Other ingredients: Hypromellose, Vegetable Stearate, Silicon Dioxide, Microcrystalline Cellulose

Suggested Use: As a dietary supplement, take four capsules daily. Daily amount may be divided between AM & PM, or as directed by your healthcare practitioner.

Warning: If pregnant or nursing, consult your healthcare practitioner before taking this product.

ALBION MINERALS™ TRAACS™

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