

Mag Complete 300

120 and 240 Vegetarian Capsules



Bone

Cardio

Metabolism

NutritionalFrontiers.com
(412) 922-2566



Mag Complete 300

Available in 120 or 240 count Vegetarian Capsules

Mag Complete 300 is a dietary supplement providing 3 important chelated forms of magnesium for enhanced absorption.

What are Chelates? Chelates are organic compounds attached to a mineral resulting in a stable structure. The purpose of chelated minerals is to surround a metal ion with an organic molecule so that it can be better absorbed in the human body.

About Magnesium from Albion™ TRAACS™:

• **Magnesium** is an essential mineral. It must be taken in through the diet however; with over processed food and depleted soil it is difficult to get the optimal daily intake. Magnesium supplementation is a way to support your daily intake.

• **Magnesium** promotes the absorption and metabolism of calcium and is responsible for the activation and function of 325 enzymes that affect various metabolic processes and physiological functions such as:

- Neuromuscular contractions
- Heart and cardiovascular function
- Regulation of the acid-alkaline balance in the body

• **Magnesium** is necessary for the metabolism of carbohydrates, amino acids and fats; also for energy production, and the utilization of calcium, phosphorus, sodium and potassium which are important electrolytes.

Magnesium Supports:

- Adrenal hormone balance
- Bone health
- Cardiovascular function
- Detoxification functions
- Glucose metabolism
- Mental health
- Nerve function
- Tooth enamel

• **Magnesium** deficiencies have been associated with a variety of conditions such as:

- Confusion
- Occasional sleeplessness
- Low mood states
- Irritability
- Fatigue
- Musculoskeletal conditions
- Tooth decay

SUPPLEMENT FACTS

Available Bottle Sizes: 120 or 240

Serving Size: 4 Capsules

Servings Per Container: 60

Amount Per Serving

Magnesium 300 mg
(as Di-Magnesium Malate (Albion™),
Magnesium Bisglycinate Chelate (TRAACS™),
Magnesium Taurate)

Other ingredients: Hypromellose, Vegetable Stearate, Silicon Dioxide, Microcrystalline Cellulose

Suggested Use: As a dietary supplement, take four capsules daily. Daily amount may be divided between AM & PM, or as directed by your healthcare practitioner.

Warning: If pregnant or nursing, consult your healthcare practitioner before taking this product.



TRAACS™

Albion™, TRAACS™, and the Albion Gold Medallion design are trademarks of Albion Laboratories, Inc. U.S. Patents 7,838,042, 6,706,904.



NUTRITIONAL FRONTIERS

NutritionalFrontiers.com • (412) 922-2566

This flyer was created on 1/11/2020 MM

*Sources for cited material are available upon request. Contact Nutritional Frontiers.

Copyright © 2020 by Nutritional Frontiers LLC. All rights reserved. No part of this publication may be reproduced, stored in a retrieval system, or transmitted, in any form or by any means, electronic, mechanical, photocopying, recording, or otherwise without prior written permission of the copyright owner. Sold Exclusively Through Health Care Practitioners.

This document and statements made within this document have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.