

# Kidney & Bladder Tincture

Liquid



*Kidney*

*Bladder*

*Urinary Tract*

NutritionalFrontiers.com  
(412) 922-2566



# Kidney & Bladder Tincture

Available in 48 & 96 Serving Liquid

**Parietaria Diosa (Pellitory on the wall)** is known as a trophorestorative to the kidney, meaning that it restores normal function to the organ. This tonifying, gentle herb can be taken long term. In addition to being tonifying, it is also used traditionally for cystitis, urethritis, and nephritis.

**Couch Grass Root (Agropyron repens)** has many beneficial actions in the urinary tract and kidneys. As an anti-inflammatory, antiseptic, diuretic and mild antimicrobial herb, Agropyron has wide applications for urinary tract health including urethritis, prostatitis, cystitis, nephritis, and urolithiasis. It combines well with Uva ursi for helping urinary tract infections.

**Pipsissewa (Chimaphila umbellate)** is used for many kidney and urinary tract problems especially those characterized by congestion or weakness. It possesses mild lymphagogue effects in the pelvis and also acts as a diuretic and anti-inflammatory. This herb is indicated for long-term support for kidney and bladder function.

**Arctostaphylos Uva Ursi** is a small evergreen shrub found in North America and Europe. It has many useful actions in the urinary tract including as an anti-microbial, diuretic, demulcent, antiseptic, and astringent. People with an atonic bladder may benefit from taking uva ursi. This plant should be used with caution in children under 12 years old.

**Corn Silk (Zea mays)** comes from the dried silky tassels found inside corn husks. It is a demulcent, vulnerary, and potassium-sparing diuretic herb. Corn silk soothes the urinary tract and is helpful for people with acute or recurrent bladder infections, chronic urethritis, prostatitis, and edema. Corn silk contains many nutrients such as potassium, zinc, iron, silica, and vitamins C, B, and K.

**Dandelion Leaf (Taraxacum spp.)** is a common plant found all over the world. Considered by many gardeners to be a nuisance, herbalists find dandelion to be a useful diuretic, bitter, and nutritive tonic. The leaves, root, and flower all have beneficial properties. Dandelion leaves are high in vitamin A and have moderate amounts of vitamin D, vitamin C, some B vitamins, iron, silicon, magnesium, zinc, and manganese. Dandelion may help to lower blood pressure and the leaf is said to nourish the urinary tract.

## SUPPLEMENT FACTS

**Serving Size: 1 Full Dropper**

**Servings Per Container: 48 or 96**

Pellitory ( <i>Parietaria diffusa</i> )	20%
Pipsissewa ( <i>Chimaphila umbellate</i> )	15%
Dandelion Leaf ( <i>Taraxacum spp.</i> )	15%
Cornsilk ( <i>Zea mays</i> )	15%
Couch Grass Root ( <i>Agropyron repens</i> )	20%
Uva Ursi	15%

**Suggested Use:** 1-2 droppers, 1-2 times daily, add to water or juice.

**Warning:** If you are nursing or taking any medications, please consult your health care practitioner before taking this or any herbal product. Do not use this product if you have an acute kidney infection or if you are pregnant.



**NUTRITIONAL  
FRONTIERS™**

NutritionalFrontiers.com • (412) 922-2566

This flyer was created on 12/30/2021 APM

\*Sources for cited material are available upon request. Contact Nutritional Frontiers.

Copyright © 2021 by Nutritional Frontiers LLC. All rights reserved. No part of this publication may be reproduced, stored in a retrieval system, or transmitted, in any form or by any means, electronic, mechanical, photocopying, recording, or otherwise without prior written permission of the copyright owner. Sold Exclusively Through Health Care Practitioners.

This document and statements made within this document have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.