## Kidney & Bladder Tincture

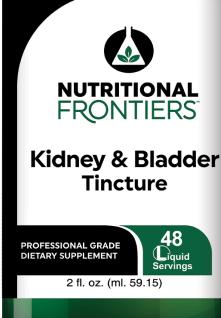


Liquid



**Bladder** 

**Urinary Tract** 



## **Kidney & Bladder Tincture**

Available in 48 & 96 Serving Liquid

Parietaria Diusa (Pellitory on the wall) is known as a trophorestorative to the kidney, meaning that it restores normal function to the organ. This tonifying, gentle herb can be taken long term. In addition to being tonifying, it is also used traditionally for cystitis, urethritis, and nephritis.

Couch Grass Root (Agropyron repens) has many benecial actions in the urinary tract and kidneys. As an anti-inammatory, antiseptic, diuretic and mild antimicrobial herb, Agropyron has wide applications for urinary tract health including urethritis, prostatitis, cystitis, nephritis, and urolithiasis. It combines well with Uva ursi for helping urinary tract infections.

**Pipsissewa (Chimaphila umbellate)** is used for many kidney and urinary tract problems especially those characterized by congestion or weakness. It possesses mild lymphagogue eects in the pelvis and also acts as a diuretic and antinammatory. This herb is indicated for long-term support for kidney and bladder function.

Arctostaphylos Uva Ursi is a small evergreen shrub found in North America and Europe. It has many useful actions in the urinary tract including as an antimicrobial, diuretic, demulcent, antiseptic, and astringent. People with an atonic bladder may benet from taking uva ursi. This plant should be used with caution in children under 12 years old.

Corn Silk (Zea mays) comes from the dried silky tassels found inside corn husks. It is a demulcent, vulnerary, and potassium-sparing diuretic herb. Corn silk soothes the urinary tract and is helpful for people with acute or recurrent bladder infections, chronic urethritis, prostatitis, and edema. Corn silk contains many nutrients such as potassium, zinc, iron, silica, and vitamins C, B, and K.

Dandelion Leaf (Taraxacum spp.) is a common plant found all over the world. Considered by many gardeners to be a nuisance, herbalists nd dandelion to be a useful diuretic, bitter, and nutritive tonic. The leaves, root, and ower all have benecial properties. Dandelion leaves are high in vitamin A and have moderate amounts of vitamin D, vitamin C, some B vitamins, iron, silicon, magnesium, zinc, and manganese. Dandelion may help to lower blood pressure and the leaf is said to nourish the urinary tract.

SUPPLEMENT FACTS Serving Size: 1 Full Dropper	
Servings Per Container: 48 or 96	
Pellitory	20%
(Parietaria diffusa)	
Pipsissewa	15%
(Chimaphila umbellate)	
Dandelion Leaf	15%
(Taraxacum spp.)	
Cornsilk	15%
(Zea mays)	
Couch Grass Root	20%
(Agropyron repens)	
Uva Ursi	15%

**Suggested Use:** 1-2 droppers, 1-2 times daily, add to water or juice.

**Warning:** If you are nursing or taking any medications, please consult your health care practitioner before taking this or any herbal product. Do not use this product if you have an acute kidney infection or if you are pregnant.



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