

Frontier Minerals

Vegetarian Capsules



Multi-Mineral

Chelated

Balanced

NutritionalFrontiers.com
(412) 922-2566



Frontier Minerals

Available in 120 Count Vegetarian Capsules

Frontier Minerals is newly revised to contain a full spectrum of bioavailable, trademarked Albion™ TRAACS™ minerals. These patented minerals are designed to do the stomach's work in advance by producing low molecular weight mineral compounds. These minerals are bound to amino acids to produce natural organic chelates that can pass easily through the intestinal wall. TRAACS™ stands for The Real Amino Acid Chelate System and is the Albion™ branded trade name for a range of patented products.

Minerals are essential for many aspects of overall health and well-being such as proper composition of body fluids, formation of bone and blood, maintenance of healthy nerve function, regulation of muscle tone (including the muscles of the cardiovascular system), activation of many enzymes and more.

About the Ingredients

Vitamin D3 is essential for the efficient utilization of calcium by the body. Maintenance of serum calcium levels within a narrow range is vital for normal functioning of the nervous system, as well as for bone growth and maintenance of bone density.

Calcium (as Di-Calcium Malate (DimaCal™)) is essential to maintaining total body health. The body needs calcium every day to keep bones and teeth strong, and to ensure proper functioning of muscles and nerves. Mineral deficiencies, particularly calcium, have been linked with creating a low pH (acidic) environment inside the body. Many disease-causing organisms thrive in an acidic environment.

Iodine (from kelp) is vital for proper thyroid function, which, in turn, is essential for health. Iodine deficiency can result in low energy levels, dry scaly or yellowish skin, tingling and numbness in extremities, weight gain, forgetfulness, personality changes, low mood states, anemia, and prolonged, heavy menstrual cycles in women.

Magnesium (TRAACS™) is important for bone health because it assists with calcium and potassium intake. It is necessary to prevent calcification of soft tissue and for the protection of the arterial lining from stress. Magnesium is also involved in carbohydrate and mineral metabolism.

Zinc (TRAACS™) is an essential mineral that is found in almost every cell. It stimulates the activity of approximately 100 enzymes that promote biochemical reactions in the body. Zinc supports a healthy immune system and is needed for wound healing as well as DNA synthesis.

Selenium (Selenium Glycinate (Albion™)) demonstrates many benefits in the human body as an essential trace element. In addition to supporting thyroid function and immune cell counts, it is a precursor to synthesis of the powerful antioxidant glutathione. Furthermore, selenium is required in several selenium-dependent enzymes that are involved in protein synthesis.

Copper (TRAACS™) is required by the body to convert iron into hemoglobin. It is also an essential constituent of many important body enzymes, including a form of superoxide dismutase, a major cellular antioxidant.

Manganese (TRAACS™) helps your body utilize several key nutrients such as biotin, thiamin and ascorbic acid.

Chromium (TRAACS™) is an essential mineral needed for insulin activity in carbohydrate, fat and protein metabolism.

Molybdenum (TRAACS™) is essential in trace amounts for human, animal and plant health. In humans and animals, it serves mainly as an essential cofactor of enzymes and aids in the metabolism of fats and carbohydrates.

Potassium (Albion™) is an electrolyte that is lost in sweat and is especially important for proper muscle contraction. It works with sodium to control the body's water balance, and to prevent cramping and lactic acid buildup. Potassium is also helpful to maintain blood pressure within normal ranges.

Boron (Albion™) helps with metabolizing vitamins and minerals in your diet, which can improve blood flow that contributes to healthy sexual function and maintaining balanced androgen hormones like testosterone.

Vanadium (TRAACS™) Preliminary research suggests that vanadium compounds may help improve the body's metabolism of blood sugar. Also, Tests on animals and human cells indicate that vanadium compounds may help promote osteogenesis.

SUPPLEMENT FACTS

Serving Size: 4 Capsules

Servings Per Container: 30

Amount Per Serving

| | |
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| Vitamin D3 (as Cholecalciferol) | 5 mcg |
| Calcium (as Di-Calcium Malate (DimaCal™), Calcium Bisglycinate Chelate (TRAACS™)) | 200 mg |
| Iodine (as Kelp) | 150 mcg |
| Magnesium (as Di-Magnesium Malate (Albion™), Magnesium Bisglycinate Chelate (TRAACS™)) | 200 mg |
| Zinc (as Zinc Bisglycinate Chelate)(TRAACS™) | 15 mg |
| Selenium (as Selenium Glycinate)(Albion™) | 100 mcg |
| Copper (as Copper Bisglycinate Chelate)(TRAACS™) | 2 mg |
| Manganese (as Manganese Bisglycinate Chelate)(TRAACS™) | 2 mg |
| Chromium (as Chromium Nicotinate Glycinate Chelate)(TRAACS™) | 200 mcg |
| Molybdenum (as Molybdenum Glycinate Chelate)(TRAACS™) | 100 mcg |
| Potassium (as Potassium Glycinate Complex)(Albion™) | 100 mg |
| Boron (as Bororganic Glycine)(Albion™) | 2 mg |
| Vanadium (as Vanadium Nicotinate Glycinate Chelate)(TRAACS™) | 100 mcg |

Other ingredients: vegetable cellulose (capsule), microcrystalline cellulose, silicon dioxide, magnesium stearate.

Suggested Use: As a dietary supplement, take 4 capsules daily with food, divided between AM and PM, or as directed by your healthcare practitioner.

Warning: If pregnant or nursing, consult your healthcare practitioner before taking this product



TRAACS™

Albion™, TRAACS™, DimaCal™ and the Albion Gold Medallion design are trademarks of Albion Laboratories, Inc. U.S. Patent 7,838,042.



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