

# Frontier Fiber

Advanced GI Support



*Bowel Function*

*Regularity*

*Healthy Digestion*

NutritionalFrontiers.com  
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# Frontier Fiber

Available in 30 Serving Powder

**A revolutionary fiber supplement that mixes easily in any hot or cold beverage without the lumps, grit, or thick consistency or tastes of other fiber supplements!**

## Frontier Fiber

- No Lumps
- No Grit
- Not Thick
- Bake with it
- Clear and Tasteless
- For children and adults

**Provides 5 grams of soluble fiber per serving and is designed to support:**

- Proper bowel function
- Regularity
- Fecal volume
- Beneficial intestinal micro flora
- A clean and healthy digestive tract
- Cholesterol, triglyceride, and blood sugar levels within normal ranges

**Most Americans do not get enough dietary fiber in their diets.**

- It is estimated that on the average, Americans eat 12 grams of fiber daily, which is below the recommended daily amount of 25 to 30 grams suggested by the American Heart Association Science Advisory Board.

## Fibersol-2

- Frontier Fiber contains Fibersol-2 brand fiber, which supports balanced intestinal micro flora and because it is so soluble and less dense, it mixes instantly and does not cause bloating or gas like other fiber products.

**Fibersol-2™ brand fiber is:**

- All natural
- Sugar-free
- Low-calorie
- 90% soluble fiber
- From digestion-resistant Maltodextrin

**The Frontier Fiber Convenience!**

- For people on the go 1 serving of 5 grams in your 2 beverages a day will help you meet your recommended daily amount of fiber!
- Also try it in: Pro Reds, water, juice, yogurt, applesauce, oatmeal, pudding, mashed potatoes, juice, and even sauces or soups.

## SUPPLEMENT FACTS

**Serving Size: 1 Powder Scoop**

**Servings Per Container: 30**

**Amount Per Serving**

Calories	20
Total Carbohydrates	6 g
Dietary Fiber	5 g
Digestion Resistant Maltodextrin (Fibersol®-2 brand)	5.85 g

**Other Ingredients:** None

**Suggested Use:** As a dietary supplement, mix 1 scoop (5.85 g) in any hot or cold liquid or food, 1 - 3 times daily, or as directed by your healthcare practitioner.

**Warning:** If pregnant or nursing, consult your healthcare practitioner before taking this product.



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