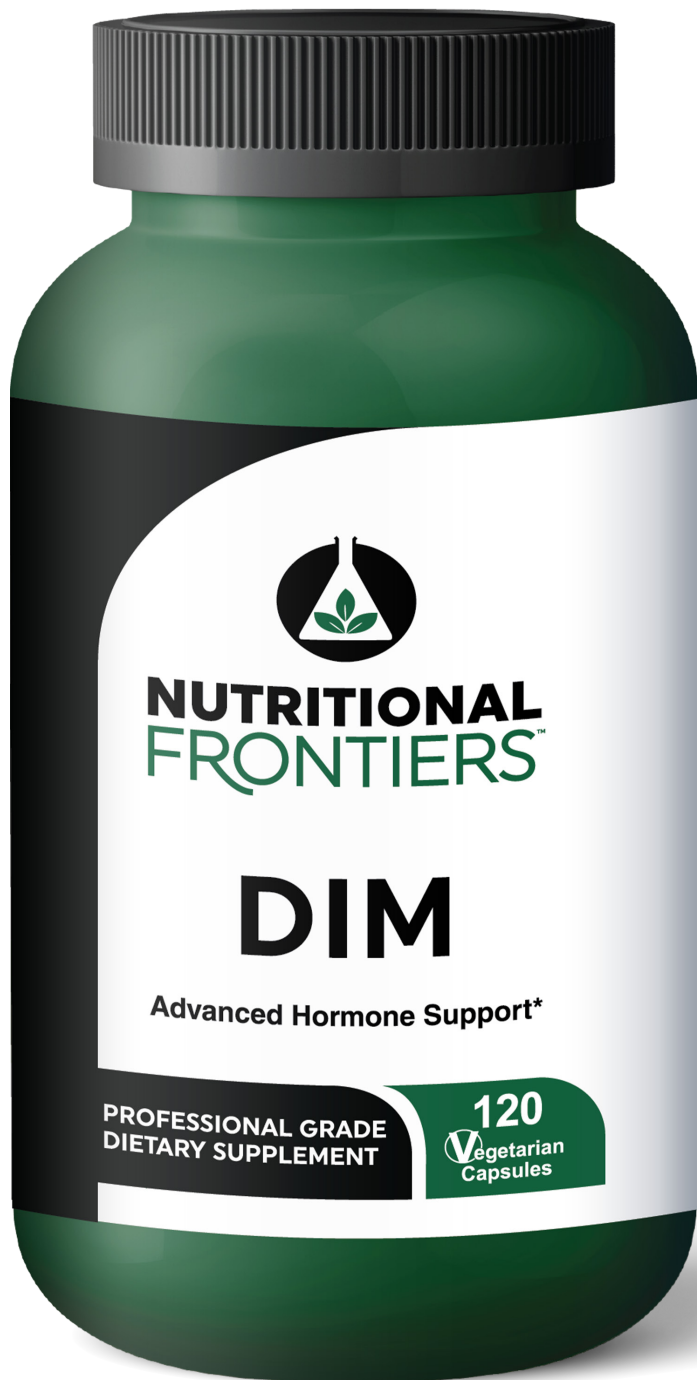


# DIM

Advanced Hormone Support



*Hormones*

*Balance*

*Body  
Composition*

NutritionalFrontiers.com  
(412) 922-2566



# DIM

Available in 120 count Vegetarian Capsules

- **Supplemental use of DIM** creates an estrogen management system that will help you to achieve your health and fitness goals, whether you are a man or woman, young or old, ath-lete, body builder, dieter, or using Hormone Replacement Therapy (HRT)

- **DIM** is a plant compound that promotes estrogen metabolism causing a beneficial shift in the balance of estrogen, testosterone, and progesterone in both men and women. A healthy balance between estrogen, testosterone, and progesterone supports skin, prostate, ovarian, breast, skeletal, joint, and cardiovascular health, lean body mass, efficient fat burning, better physical conditioning, improved mood and memory, increased libido, and reduced the effects of aging such as those found in menopause and prostate dysfunction.

- **DIM** supports HRT because it balances estrogen by adjusting the activity of enzymes that enhance the beneficial action and safety of estrogen. Used in conjunction with synthetic estrogen products or phytoestrogens it improves the metabolism of supplemental estrogen.

- In women, estrogen is the dominant hormone. Healthy metabolism of estrogen lowers the health risks and side-effects associated with unopposed estrogen or estrogen dominance. In men, testosterone is the dominant hormone while estrogen is found in small amounts. Increased estrogen and inadequate estrogen metabolism contribute to male hormonal imbalance.

Improving estrogen metabolism with DIM helps restore the testosterone-to-estrogen ratio.

**DIM** can be use with other supplements to support metabolism and hormone balance.

## SUPPLEMENT FACTS

Available Bottle Sizes: 120

Serving Size: 1 Capsule

Servings Per Container: 120

Diindolylmethane (DIM) 75 mg

**Other Ingredients:** Vegetarian Capsule (Hyromellose and Water), Rice Flour Powder, Vegetable Stearate.

**Suggested Use:** As a dietary supplement, Take 1 capsule with food, 1 to 2 times daily or as directed by your health care practitioner.

**For Weight Management:** Take 2 capsules, twice daily with a snack, between meals.

**Warning:** If you are pregnant, nursing, or planning to become pregnant, do not take this product.



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