

Best Whey

100% Whey Protein & Branch Chain Amino Acids



Lactose Free

Smooth Delicious Flavor

**600 Grams of Protein
from Grass Fed Cows**

NutritionalFrontiers.com
(412) 922-2566



Best Whey

Available in 30 Powder Serving Bottles & Single Serving Packets

Best Whey Protein is a naturally complete protein that provides essential and non-essential amino acids to support healing, muscle building, muscle and tissue recovery, energy and a healthy immune system. It is a great source of branched chain amino acids for muscle support, a precursor for glutathione production, as well as alpha-lactalbumin and immunoglobulins for immune system support. **Best Whey Protein** is beneficial to those with active lifestyles, athletes, body builders, people who exercise and those following a low-calorie or restricted diet. Adding **Best Whey Protein** to a mid-day snack or beverage provides healthy energy and may help control food intake at the next meal.

Best Whey Protein is

- Rich in branched chain amino acids
- Micro-filtrated
- Available in a Vanilla and Chocolate Flavors
- Great tasting and easily mixed, making it the perfect base for any health shake or smoothie
- Combined with 3 g of Fibersol-2™ brand fiber to support regularity

About the Ingredients:

Athletes, Body Builders and Active Lifestyles in muscle metabolism and providing energy directly benefit from Branched Chain Amino Acids by aiding to muscle tissue*. The body requires higher amounts of branched chain amino acids during and following exercise as they are taken up directly by the skeletal muscles versus first being metabolized through the liver, like other amino acids. Low BCAA levels contribute to fatigue and they should be replaced in one hour or less following exercise or participation in a competitive event.

Low Calorie or Restricted Diet

One serving of **Best Whey Protein** provides 21 grams, or 80%, of high quality protein. It's a delicious, low calorie, low fat, low carbohydrate drink mix supplement that is sugar free! **Best Whey Protein** is a great addition to any weight management program, not as a meal replacement, but as a source of energy and to curb appetite. Many find their appetite at mealtime is reduced when they use whey as a mid-morning or mid-afternoon snack.

Immune System Support

Best Whey Protein naturally contains precursors for glutathione production. Glutathione helps defend the body against free radicals that can challenge or weaken the immune system. Natural protein fractions such as alpha-lactalbumin and immunoglobulins help strengthen the immune system.

CHOCOLATE

SUPPLEMENT FACTS

Available Bottle Sizes:

30 Servings or Single Serving Packets

Serving Size: (32.7 g)

Servings Per Container: 30 or 1

Calories	130
Total Fat	3 g
Saturated Fat	1.5 g
Cholesterol	60 mg
Total Carbohydrates	5 g
Dietary Fiber	4 g
Total Sugars	<1 g
Protein	20 g

Calcium	140 mg
Iron	1.1 mg
Phosphorus	110 mg
Magnesium	35 mg
Sodium	55 mg
Potassium	250 mg
Caffeine	3 mg

Other Ingredients: rBGH Free, Non GMO Whey Protein Concentrate 80%, Fibersol, Cocoa Powder, Natural Flavoring, Stevia, Xanthan Gum

Suggested Use: As a dietary supplement, mix one scoop (32.7g) daily in 6-8 ounces of water, milk, milk substitute or your favorite beverage, or use as directed by your healthcare practitioner. For best results, serve cold and use a shaker bottle or blender.

Warning: If pregnant or nursing, consult with your health care practitioner.

Contains Milk. Produced in a facility that also processes soy, fish, shellfish, milk, peanuts, tree nuts, wheat, and eggs.

VANILLA

SUPPLEMENT FACTS

Available Bottle Sizes:

30 Servings or Single Serving Packets

Serving Size: (31.7 g)

Servings Per Container: 30 or 1

Calories	120
Total Fat	2.5 g
Saturated Fat	1.5 g
Cholesterol	65 mg
Total Carbohydrates	4 g
Dietary Fiber	3 g
Total Sugars	<1 g
Protein	20 g

Calcium	150 mg
Iron	0.2 mg
Phosphorus	120 mg
Magnesium	20 mg
Sodium	60 mg
Potassium	110 mg

Other Ingredients: rBGH Free, Non GMO Whey Protein Concentrate 80%, Fibersol, Natural Flavoring, Stevia, Xanthan Gum

Suggested Use: As a dietary supplement, mix one scoop (31.7g) daily in 6-8 ounces of water, milk, milk substitute or your favorite beverage, or use as directed by your healthcare practitioner. For best results, serve cold and use a shaker bottle or blender.

Warning: If pregnant or nursing, consult with your health care practitioner.

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Typical Amino Acid Profile***

Alanine	670 mg
Arginine	1250 mg
Aspartic Acid	1754 mg
Cystine	140 mg
Glutamic Acid	2576 mg
Glycine	606 mg
Histidine	402 mg
Isoleucine	746 mg
Leucine	1334 mg
Lysine	1148 mg
Methionine	138 mg
Phenylalanine	842 mg
Proline	718 mg
Serine	714 mg
Tyrosine	530 mg
Tryptophan	122 mg
Threonine	566 mg
Valine	818 mg

Typical protein composition of Whey Protein concentrate per serving. ***

a-Lactalbumin	3.43 g
B-Lactoglobulin	7.84 g
Glycomacropeptide	1.078 g
Immunoglobulin G	0.882 g
Bovine Serum Albumin	0.9555 g
Proteose Peptone 5	0.245 g
Lactoferrin	35.46 mg

***Typical amino acid and protein values are an average representation of samples taken across the manufacturing process.

Fibersol® is a registered Trademark of ADM/Matsutani LLC and Matsutani Chemical Industry Co. LTD. Fibersol®-2 is a soluble dietary fiber produced by ADM/Matsutani LLC.



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