

# Active B12 Folate

Mixed Berry Flavored Chewable Wafer  
Available in 60 Count Bottles



*Nervous System*

*Cardiovascular*

*Mood*

NutritionalFrontiers.com  
(412) 922-2566



# Active B12 Folate

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This unique, high-quality formula contains the most biologically active form of vitamin B12 and Quatrefolic®, which may be helpful in certain cases of anemia. These nutrients are also crucial for proper cell division, nervous system function, and cardiovascular and emotional health.

## CARDIOVASCULAR HEALTH

Several B vitamins enhance cardiovascular health. Quatrefolic® may improve symptoms of a peripheral arterial disease and intermittent claudication.

**Quatrefolic® and Vitamin B12** have been shown to lower homocysteine levels. People with high homocysteine and osteoporosis may reduce an incidence of fractures by taking Quatrefolic® and vitamin B12. Patients with diabetes treated with metformin may benefit from supplementation with Quatrefolic® and vitamin B12 to improve circulation in the small arteries.\*

## NERVOUS SYSTEM & EMOTIONAL HEALTH

Many B vitamins are involved in nerve regeneration, neurotransmitter synthesis, nerve transmission, and other elements of nervous system health. For instance, Vitamin B12 can alleviate symptoms of depression in some people. Those with celiac disease might benefit from supplementation with B12 and Quatrefolic®, among other vitamins, to help with depression.

## SUPPLEMENT FACTS

**Available Bottle Size:** 60

**Serving Size:** 1 Mixed Berry Flavored Chewable Wafer

**Servings Per Container:** 60

### Amount Per Serving

Vitamin B12 (Methylcobalamin) ..... 1000 mcg

Folate ..... 1000 mcg  
(as Quatrefolic® (equivalent to 2000 mcg of (6S)-5-Methyltetrahydrofolic acid, glucosamine salt))

**Other Ingredients:** Mannitol, Sorbitol, Microcrystalline Cellulose, Croscarmellose Sodium, Stearic Acid, Dicalcium Phosphate, Vegetable Stearate, Silicon Dioxide, Natural Mixed Berry Flavor, Citric Acid

**Suggested Use:** As a dietary supplement, take 1 mixed berry flavored chewable wafer once a day, or as directed by your healthcare practitioner.

**Warning:** If pregnant or nursing, consult your healthcare practitioner before taking this product.



Quatrefolic® is a registered trademark of Gnosis S.p.A U.S. Patent No. 7,947,662



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