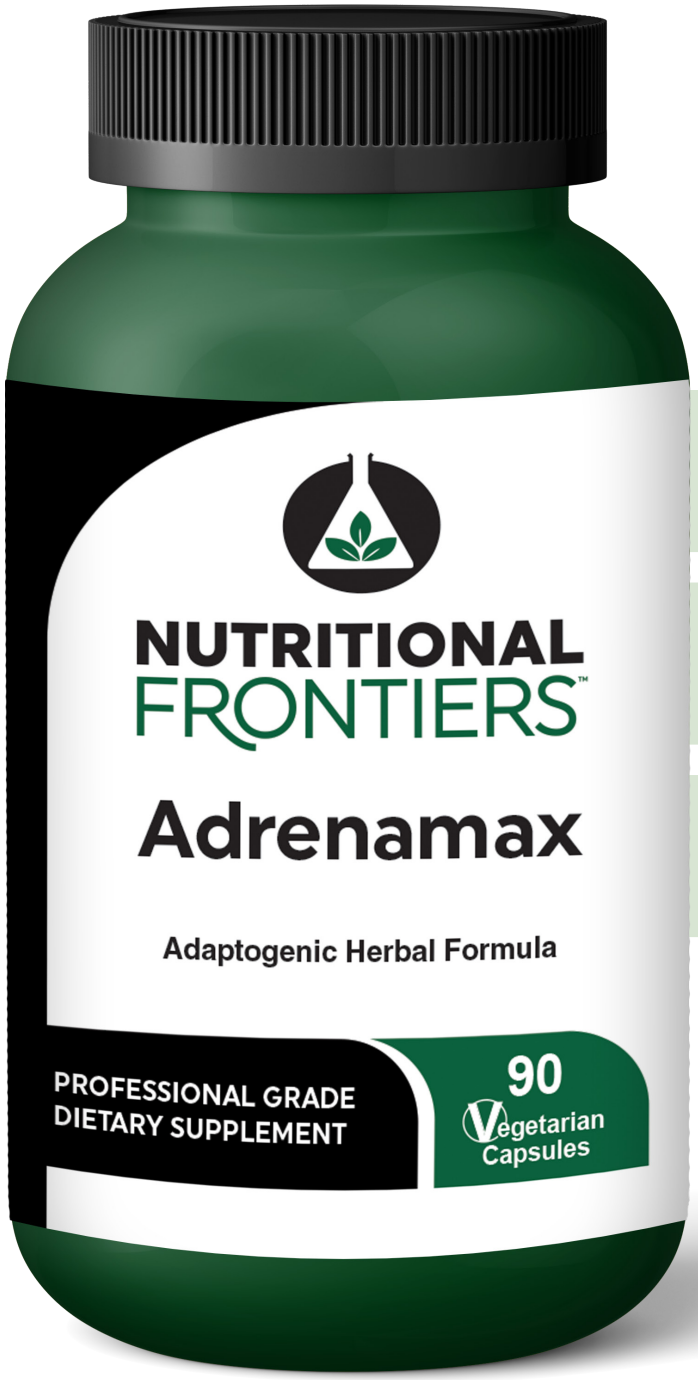
Adrenamax

Vegetarian Capsules



Adrenals

Energy

Stress

NutritionalFrontiers.com
(412) 922-2566

NUTRITIONAL FRONTIERS

Adrenamax

Available in 90 or 180 Count Vegetarian Capsules

• A vegetarian formula of herbal adaptogens to provide basic support for adrenal function.

AdrenaMax by Nutritional Frontiers promotes resilience to stress by supporting the function of the adrenal glands. The herbs in Adrenamax have traditionally been used to help with both hyper-function and hypo-function of the adrenal glands, hence they are classified as 'adaptogens.'

• **Cordyceps Mycelium Extract** is a medicinal mushroom popular in China and Tibet. Herbalists recommend cordyceps to improve energy, sexual function, athletic performance, and immune function.

• **Panax ginseng** is also called Chinese ginseng or Asian ginseng, and has been in use since at least the 1st century C.E. Its many constituents, such as ginsenosides and panaxans, contribute to systemic effects such as supporting immune function, lowering blood sugar, improving libido and erectile dysfunction, increasing sperm count, and enhancing physical and intellectual performance.

• **Eleutherococcus senticosus** has a variety of applications in the body, such as improving attention, mood, and stress tolerance. People who are debilitated from cancer, chemotherapy, cardiovascular disease, or other chronic health conditions may benefit from this root. Also known as Siberian ginseng, this has been used by herbalists from many countries for at least 2000 years. Eleuthero is stimulating and warming.

• **Ashwagandha (Withania somnifera) root** is native to Sri Lanka, India, Africa, and Pakistan. A relaxing adaptogen and tonic, this plant is useful for 'building up' people who are debilitated from long term stress. Ashwagandha helps in both acute and chronic stress conditions as well as those struggling with insomnia, inflammatory diseases, and anxiety.

• **Rhodiola rosea root** has been used in Siberia, other parts of the former Soviet Union, Scandinavia, Germany, and other European countries as an adrenal adaptogen with actions similar to Siberian ginseng. Rhodiola may help endurance, cognitive function, immune function, weight loss, athletic performance, and energy levels.

Licorice Root has been used as a natural herbal supplement in the past and present. Compounds in licorice may reduce inflammation, thin mucus secretions, decrease cough, and increase the body's ability to heal ulcers.

SUPPLEMENT FACTS

Available Bottle Size: 90 or 180
Serving Size: 3 Capsules
Servings Per Container: 30 or 60

Amount Per Serving	
Cordyceps Sinensis 7% ext	800 mg
Panax Ginseng 7% ginsenosides	400 mg
Eleutherococcus Root Extract (0.8% eleutherosides)	300 mg
Ashwagandha 7% Withanolides	150 mg
Rhodiola Rosea Extract (3% Rosavins, 2% Salidroside)	150 mg
Licorice Root (glycyrrhiza glabra)	100 mg

Other Ingredients: rice flour, vegetable stearate, silicon dioxide, and hypromellose.

Suggested Use: As a dietary supplement, take 3 capsules, 1-2 times daily, or as directed by your healthcare practitioner.

Warning: If pregnant or nursing, consult your healthcare practitioner before taking this product.

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This flyer was created on 6/4/2021 MM

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